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# ConfirMED Cards: Transcending the Language Barrier to Promote Health Literacy in Dallas

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# ConfirMED

# Cards

TRANSCENDING THE  
LANGUAGE BARRIER  
TO PROMOTE HEALTH  
LITERACY IN DALLAS

CONFIR**MED** CARDS ARE AN  
INTERACTIVE HEALTH LITERACY TOOL  
DESIGNED TO FACILITATE AND  
IMPROVE COMMUNICATION  
BETWEEN HEALTHCARE  
PROFESSIONALS AND NON-ENGLISH-  
SPEAKING PATIENTS.

STEP 1: identify medications

STEP 2: develop ways to  
communicate non-verbally

STEP 3: make cards interactive

Special  
Directions?

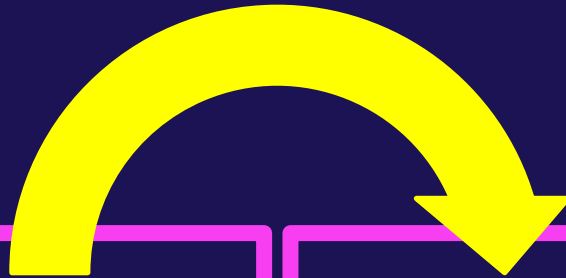
How many times each day  
must be be administered?

Appropriate  
and obvious  
name?

Generic versus  
brand-name?

Pill? Capsule?  
Tablet? Cream?  
Packaging?

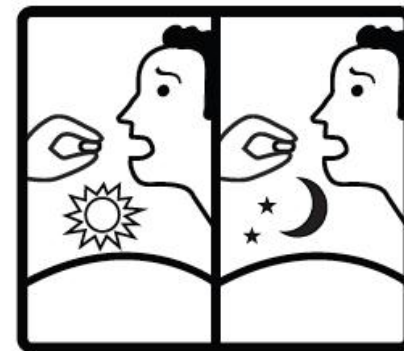
For how many  
days must the  
medication be  
administered?



Tylenol  
Prenatal Vitamins  
Iron Supplements  
Antibiotics  
Amoxlcillin  
Clindamycin  
Terconazole  
Ibuprofen  
Birth Control  
Macrobid  
Mycolog Cream

Acetaminophen  
Ibuprofen  
Antibiotic  
Contraception  
Cream  
Iron Supplement  
Prenatal Vitamin

# Iron Supplement



1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

ConfirMED Cards

# Next Steps

- **Survey** for patients and healthcare professionals using cards
- Meeting with new **Language Service Specialist** at TX Health Presbyterian
- Discussing **international** capacity with both Dr. Hardgrave and medical marketing firm in Dubai