Nathalie Alfonso Art Statement

Unseen work and the exercise of emotional control are central to Alfonso's practice. The qualities of invisibility and visibility become the foundations from which she develops drawings, installations, performances, and videos. In her most recent iterations, she imagines and fabricates the possible inner structures of the surfaces where her sculptures and drawings exist. While it is impossible to understand precisely how these foundations are set up or by whom, she continues to seek out “the truth” beyond the surfaces. Considering the use of the line facilitates the understanding of how her muscle memory informs the way she occupies different scales; this is central to her concern with invisible labor and the effort to draw attention to it. Every gesture becomes an act of revealing the unseen, a desperate need to elevate the presence of the body, and the moving hands mimicking the mechanisms of her internal autopilot. The result is a romanticized idea of perfection that contrary to revealing, it fails to expose the endurance and exhaustion reiterating the inability to create change.