

Too Young for Discipline

Don't let the jeans and cheeky face fool you.

He's still a baby.

Your baby ...



Basics of Positive Parenting

Children are people too - not a different species

"Do as you would be done by"

Your child is never your enemy

Discipline

Discipline means teaching children how to behave.

It's more to do with understanding than with obedience ...

...and it's almost nothing to do with punishment.



Positive versus negative discipline



Positive discipline focuses on good behaviour and how to encourage it.

Negative discipline focuses on bad behaviour and how to prevent and punish it.

Negative discipline doesn't work and smacking is worse than useless

Spanked toddlers are 5x less compliant

Spanked 6-year-olds are more aggressive

Spanked pre-teens are more likely to be in trouble as teens and adults



Discipline without smacking

The alternative to smacking isn't a different punishment, but a different approach.



Rewards work better than punishments

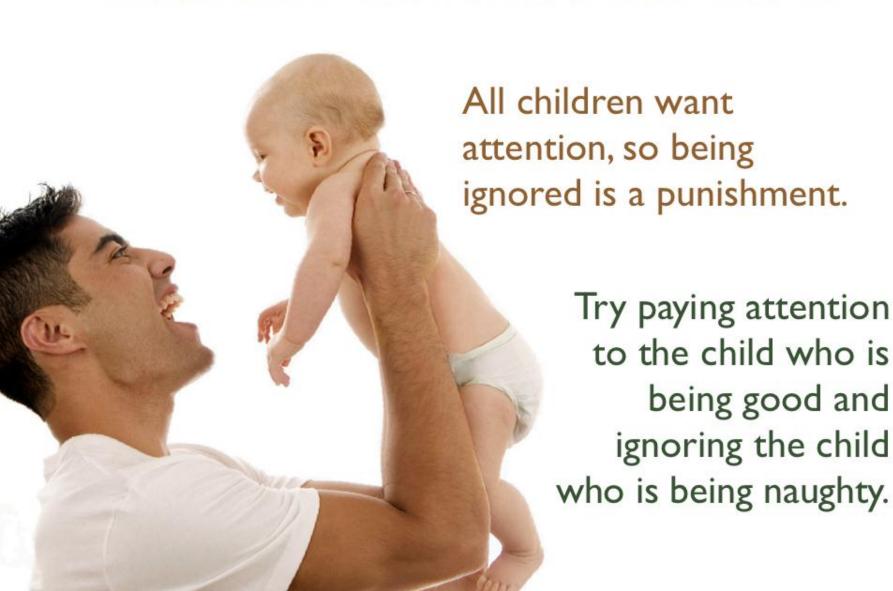
From babyhood to adolescence



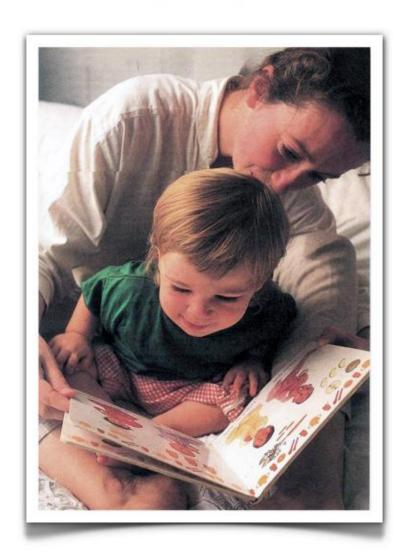
if you want to children to be good ...

make them feel good.

Attention: the reward that works



Paying attention is not spoiling



Provided it's given because adults want children to have it, not because children have bullied and blackmailed for it.

From positive discipline to self discipline



Lots to gain and nothing to lose ...

Positive discipline isn't easy but it's no more difficult than the negative kind.

And it's far more effective and far more fun!